**SOUTHERN PROVINCE**

**SCHEMES OF WORK**

**SUBJECT**: HOME ECONOMICS

**GRADE**: 6 **TERM**: ONE **YEAR**: 2018

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **WEEK** | **TOPICS/CONTENTS** | **GENERAL OUTCOMES** | **METHODS** | **L/T RESOURCES** | **REFERENCE** |
| 1 | **THE KITCHEN*** Modern Kitchen Equipment
 | Demonstrate the ability to apply Principles of Food and Nutrition | Guided Discussion | * Different modern equipment
* Chart of equipment
* Photographs of those equipment
 | * MK Home Economics Pupil’s Book pages 1-2
* Home Economics syllabus 12
* MK TG for Home Economics page 1
 |
| 2 | **THE KITCHEN*** Blenders Types of Blenders
* Assessment
 | Demonstrate the ability to apply Principles of Food and Nutrition | * Explanation
* Demonstrate of uses of modern equipment
 | * Photographs of modern equipment
* Chart of modern equipment
 | * MK Home Economics Pupil’s Book pages 2-6
* Home Economics syllabus 12
* MK TG for Home Economics page 1
 |
| 3 | **FOOD** * Mixed Diet
* Deficiency diseases
 | Demonstrate the ability to apply Principles of Food and Nutrition | * Question and Answer
* Demonstrate
* Explanation
 | * Real food stuffs
* Pictures f people with deficiency diseases
* Cooking equipment
 | * MK Home Economics Pupil’s Book pages 7-15
* Home Economics syllabus 12
* MK TG for Home Economics page 2
 |
| 4 | **FOOD** * Food presentation
* Food budgeting
* Meal Planning
* Assessment
 | Demonstrate the ability to apply Principles of Food and Nutrition | * Question and Answer
* Demonstrate
* Explanation
 | * Displaying food items (long and short budget)
 | * MK Home Economics Pupil’s Book pages 16-18
* Home Economics syllabus 12
* MK TG for Home Economics page 3
 |
| 5 | **COOKING METHODS*** Dry methods of cooking
 | Demonstrate the ability to apply Principles of Food and Nutrition | * Question and Answer
* Demonstrate
* Explanation
 | * Display of foods suitable for roasting
* Roasting equipment
 | * MK Home Economics Pupil’s Book pages 23-27
* Home Economics syllabus 12
* MK TG for Home Economics page 4-6
 |
| 6 | **COOKING METHODS*** Moist methods of cooking
 | Demonstrate the ability to apply Principles of Food and Nutrition | * Question and Answer
* Practicals
* Guided Discussion
 | * Display of foods suitable for roasting
* Roasting equipment
 | * MK Home Economics Pupil’s Book pages 29-36
* Home Economics syllabus 12
* MK TG for Home Economics page 6-8
 |
| 7 | **ASSESSMENT AND REVISION****COOKING METHODS** * Frying different foods
 | Demonstrate the ability to apply Principles of Food and Nutrition | * Question and Answer
* Practicals
* Guided Discussion
 | * Display of foods suitable for roasting
* Roasting equipment
 | * MK Home Economics Pupil’s Book pages 29-36
* Home Economics syllabus 12
* MK TG for Home Economics page 6-8
 |
| 8 | **FOOD PREPARATION*** Left over foods
* Assessment
 | Demonstrate the ability to apply Principles of Food and Nutrition | * Demonstrate
* Practicals
* Guided Discussion
 | * Real left over food stuffs
* Other food ingredients
 | * MK Home Economics Pupil’s Book pages 49-53
* Home Economics syllabus 12
* MK TG for Home Economics page
 |
| 9 | **PRESERVATION*** Food preservation
* Assessment
 | Demonstrate the ability to apply Principles of Food and Nutrition | * Guided Discussion
* Practicals
* Demonstrate
* Presentation
 | * chart
* food stuffs
 | * MK Home Economics Pupil’s Book pages 54-58
* Home Economics syllabus 12
 |
| 10 | **HOSPITALIYTY*** Facilities in Hospitality Business
* Services in Hospitality Business
* Assessment
 | Demonstrate the ability to apply Principles of Food and Nutrition | * Field Trip
* Guided Discussion
 |  | * MK Home Economics Pupil’s Book pages 59-61
* Home Economics syllabus page 14
* MK TG Page 12
 |
| 11 | **PESTS*** House hold pests
* Dangers of Household pests
 | Demonstrate the ability to apply Principles of Food and Nutrition | * Guided Discussion
* Practicals
* Demonstrate
* Presentation
 | * chart
* food stuffs
 | * MK Home Economics Pupil’s Book pages 62-64
* Home Economics syllabus 15
* MK TG page 13
 |
| 12 | **PESTS*** Prevention and control
 | Demonstrate the ability to apply Principles of Food and Nutrition | * Question and Answer
* Demonstrate
 | * Charts
* Pesticides
* Brooms
 | * MK Home Economics Pupil’s Book pages 64-67
* Home Economics syllabus 15
* MK TG page 13
 |
| 13 | **END OF TERM TEST AND COMPILATION OF RESULTS** |

**NB: FOR MIDTERM , TESTTWO SUBJECTS PER DAY AND TEACH THE OTHER SUBJECTS THAT APPEAR ON THE TIME TABLE THAT DAY.**

**SOUTHERN PROVINCE**

**SCHEMES OF WORK**

**SUBJECT**: HOME ECONOMICS

**GRADE**: 6 **TERM**: TWO **YEAR**: 2018

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **WEEK** | **TOPICS/CONTENTS** | **GENERAL OUTCOMES** | **METHODS** | **L/T RESOURCES** | **REFERENCE** |
| 1 | **HOME*** Floors and Walls
 | Demonstrate the ability to apply Principles of Home Management | * Demonstrate
* Question and Answer
* Tours in Home
 | * Charts
* Pictures
 | * MK Grade 6 Home Economics pupil’s book pages 68-71
* Home Economics syllabus Grade 6 pages 15
* MK TG Book pages 14
 |
| 2 | **HOME*** Cleaning different types of walls
 | Demonstrate the ability to apply Principles of Home Management | * Practicals
* Demonstrate
* Question and Answer
* Discussions
 | * Cleaning agents
* Chart
* basin
 | * MK Grade 6 Home Economics pupil’s book pages 71-75
* Home Economics syllabus Grade 6 pages 15
* MK TG Book pages 14
 |
| 3 | **HOME*** Cleaning different rooms in a house
* Assessment
 | Demonstrate the ability to apply Principles of Home Management | * Class discussion
* Practicals
* Demonstrate
* Question and Answer
* Discussions
 | * Cleaning agents
* Water
* basins
 | * MK Grade 6 Home Economics pupil’s book pages 76-80
* Home Economics syllabus Grade 6 pages 15
* MK TG Book pages 14
 |
| 4 | **TABLE SETTING*** Garnishing
* Flower arrangements
 | Demonstrate the ability to apply Principles of Home Management | * Guided discussions
* Demonstrate
* Question and Answer
* Discussions
 | * Foodstuffs (garnishing)
* Cooking Equipment
 | * MK Grade 6 Home Economics pupil’s book pages 81-88
* Home Economics syllabus Grade 6 pages 15
* MK TG Book pages 16
 |
| 5 | **TABLE SETTING*** Materials used
* Flower arrangement
 | Demonstrate the ability to apply Principles of Home Management | * Guided discussions
* Demonstrate
* Question and Answer
* Discussions
 | * Foodstuffs
* Table
* Table cloth
 | * MK Grade 6 Home Economics pupil’s book pages 86-88
* Home Economics syllabus Grade 6 pages 15
* MK TG Book pages 16- 17
 |
| 6 | **LAUNDRY*** Laundry methods
* The Family Wash
 | Demonstrate the ability to apply Principles of Home Management | * Guided discussions
* Demonstrate
* Question and Answer
* Discussions
 | * Different Garments
* Basins
* Washing Powder
* Water
 | * MK Grade 6 Home Economics pupil’s book pages 92-96
* Home Economics syllabus Grade 6 pages 16
* MK TG Book pages 18
 |
| 7 | * **TABLE SETTING**
* **TABLE LAYING**
* **MID TERM TESTS**
 | Demonstrate the ability to apply Principles of Home Management | * Guided discussions
* Demonstrate
* Question and Answer
* Discussions
 | * Different Garments
* Basins
* Washing Powder
* Water
 | * MK Grade 6 Home Economics pupil’s book pages 92-96
* Home Economics syllabus Grade 6 pages 16
* MK TG Book pages 18
 |
| 8 | **LAUNDRY*** White and Coloured cotton fabrics
* Laundering of specific articles
* Assessment
 | Demonstrate the ability to apply Principles of Home Management | * Practicals
* Question and Answer
* Guided Discussion
* Demonstrate
 | * Different Garments
* Washing Powder
* Water
 | * Home Economics Syllabus page 17
* MK TG Book pages 18
* MK Grade 6 Home Economics pupil’s book pages 96-102
 |
| 9 | **GARDENING*** Kitchen Gardens
* Reasons for growing vegetables in the Kitchen garden
 | Demonstrate the ability to apply Principles of Home Management | * Group Discussions
* Explanations
* Demonstrate
* Practicals
 | * Garden Tools
* Chart showing Different Crops
 | * Home Economics Syllabus page 17
* MK TG Book pages 19
* MK Grade 6 Home Economics pupil’s book pages 103-104
 |
| 10 | **GARDENING*** Identify suitable crops for a Kitchen garden
* Grow different types of vegetables
* Assessment
 | Demonstrate the ability to apply Principles of Home Management | * Group Discussions
* Explanations
* Demonstrate
* Practicals
 | * Garden Tools
* Chart showing Different Crops
 | * Home Economics Syllabus page 17
* MK TG Book pages 19
* MK Grade 6 Home Economics pupil’s book pages 104-110
 |
| 11 | **HUMAN DEVELOPMENT*** Body Image
* Factors influencing Physical appearance
 | Demonstrate the ability to apply Principles of Home Management | * Guided Discussion
* Question and Answer
* Demonstrate
 | * Charts
 | * Home Economics Syllabus page 17
* MK TG Book pages 19
* MK Grade 6 Home Economics pupil’s book pages 111-112
 |
| 12 | **HUMAN DEVELOPMENT*** Effects of physical appearances on others
 | Demonstrate the ability to apply Principles of Home Management | * Guided Discussion
* Question and Answer
* Demonstrate
 | * Charts
 | * Home Economics Syllabus page 18
* MK TG Book pages 19
* MK Grade 6 Home Economics pupil’s book pages 112-114
 |
| 13 | **REVISION, END OF TERM TEST AND COMPILATION OF RESULTS** |

**SOUTHERN PROVINCE**

**SCHEMES OF WORK**

**SUBJECT**: HOME ECONOMICS

**GRADE**: 6 **TERM**: THREE **YEAR**: 2018

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **WEEK** | **TOPICS/CONTENTS** | **GENERAL OUTCOMES** | **METHODS** | **L/T RESOURCES** | **REFERENCE** |
| 1 | **SAFETY IN THE HOME/ SCHOOL*** First Aid
* Accidents
 | Demonstrate the ability to apply Principles to Health Education | * Guided Discussion
* Question and Answer
* Demonstrate
 | * Items found in the First Aid box
 | * Home Economics syllabus page 18
* MK Home Economics Pupil’s Book pages 115-118
* MK Teacher’s Guide Book 6 page 21
 |
| 2 | **SAFETY IN THE HOME/ SCHOOL*** Causes of accidents at Home and School
* Prevention of accidents at Home and school
 | Demonstrate the ability to apply Principles to Health Education | * Guided Discussion
* Question and Answer
* Demonstrate
 | * Charts
 | * Home Economics syllabus page 18
* MK Home Economics Pupil’s Book pages 118-120
* MK Teacher’s Guide Book 6 page 21
 |
| 3 | **SAFETY IN THE HOME/ SCHOOL*** Application of First to various accidents
* Assessment
 | Demonstrate the ability to apply Principles to Health Education | * Guided Discussion
* Question and Answer
* Demonstrate
 | * Charts
 | * Home Economics syllabus page 18
* MK Home Economics Pupil’s Book pages 120-121
* MK Teacher’s Guide Book 6 page 21
 |
| 4 | **SANITATION*** Toilets
* Materials used for cleaning toilets
 | Demonstrate the ability to apply Principles to Health Education | * Guided Discussion
* Question and Answer
* Demonstrate
 | * Charts
 | * Home Economics syllabus page 18
* MK Home Economics Pupil’s Book pages 122-125
* MK Teacher’s Guide Book 6 page 22
 |
| 5 | **SANITATION*** Cleaning flush toilets
* Assessment
 | Demonstrate the ability to apply Principles to Health Education | * Guided Discussion
* Question and Answer
* Demonstrate
 | * Charts
 | * Home Economics syllabus page 18
* MK Home Economics Pupil’s Book pages 126-127
* MK Teacher’s Guide Book 6 page 22
 |
| 6 |  **IN NEEDLE WORK*** Edge finishes
* Reasons of edge finishes
 | Demonstrate the ability to apply Principles to Health Education | * Guided Discussion
* Question and Answer
* Demonstrate
 | * Charts
 | * Home Economics syllabus page 18
* MK Home Economics Pupil’s Book pages 128-131
* MK Teacher’s Guide Book 6 page 23
 |
| 7 | * **SANITATION**
* **MID TERM ASSESSMENT**
 | Demonstrate the ability to apply Principles to Health Education | * Guided Discussion
* Question and Answer
* Demonstrate
 | * Charts
 | * Home Economics syllabus page 18
* MK Home Economics Pupil’s Book pages 128-131
* MK Teacher’s Guide Book 6 page 23
 |
| 8 | **PROCESSES IN NEEDLE WORK** | Demonstrate the ability to apply Principles to needlework and Crafts | * Practicals
* Question and Answer
* Teacher Explanation
 | * Cloth material
* Sewing Needle
* Sewing thread
 | * Home Economics syllabus page 18
* MK Home Economics Pupil’s Book pages 132-135
* MK Teacher’s Guide Book 6 page 19
 |
| 9 | **PROCESSES IN NEEDLE WORK*** Openings
* Assessment
 | Demonstrate the ability to apply Principles to needlework and Crafts | * Practicals
* Question and Answer
* Teacher Explanation
 | * Cloth material
* Sewing Needle
* Sewing thread
* Zip
 | * Home Economics syllabus page 18
* MK Home Economics Pupil’s Book pages 135-137
* MK Teacher’s Guide Book 6 page 23
 |
| 10 | **CRAFTS WORK*** Weaving
* Types of weaving
 | Demonstrate the ability to apply Principles to needlework and Crafts | * Practicals
* Question and Answer
* Teacher Explanation
 | * Charts
* Weaving items (straws, papyrus)
 | * Home Economics syllabus page 19
* MK Home Economics Pupil’s Book pages 138-140
* MK Teacher’s Guide Book 6 page 24
 |
| 11 | **CRAFTS WORK*** Weaving practical
 | Demonstrate the ability to apply Principles to needlework and Crafts | * Education Tours
* Question and Answer
* Observation
* Demonstrate
 | * Weaving items (straws, papyrus)
 | * Home Economics syllabus page 19
* MK Home Economics Pupil’s Book pages 140-140
* MK Teacher’s Guide Book 6 page 24
 |
| 12 | **ASFETY IN THE HOME/SCHOOL*** Application of First Aid to various accidents
* Assessment
 | Demonstrate the ability to apply Principles to needlework and Crafts | * Demonstrate
* Group Discussion
* Question and Answer
 | * Charts)
 | * Home Economics syllabus page 21
* MK Home Economics Pupil’s Book pages 120-121
* MK Teacher’s Guide Book 6 page 21
 |
| 13 | **END OF TERM TEST AND COMPILATION OF RESULTS** |

**NB: FOR MIDTERM , TESTTWO SUBJECTS PER DAY AND TEACH THE OTHER SUBJECTS THAT APPEAR ON THE TIME TABLE THAT DAY.**