**SOUTHERN PROVINCE**

**SCHEMES OF WORK**

**SUBJECT**: HOME ECONOMICS

**GRADE**: 6 **TERM**: ONE **YEAR**: 2018

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| **WEEK** | **TOPICS/CONTENTS** | **GENERAL OUTCOMES** | **METHODS** | **L/T RESOURCES** | **REFERENCE** |
| 1 | **THE KITCHEN**   * Modern Kitchen Equipment | Demonstrate the ability to apply Principles of Food and Nutrition | Guided Discussion | * Different modern equipment * Chart of equipment * Photographs of those equipment | * MK Home Economics Pupil’s Book pages 1-2 * Home Economics syllabus 12 * MK TG for Home Economics page 1 |
| 2 | **THE KITCHEN**   * Blenders Types of Blenders * Assessment | Demonstrate the ability to apply Principles of Food and Nutrition | * Explanation * Demonstrate of uses of modern equipment | * Photographs of modern equipment * Chart of modern equipment | * MK Home Economics Pupil’s Book pages 2-6 * Home Economics syllabus 12 * MK TG for Home Economics page 1 |
| 3 | **FOOD**   * Mixed Diet * Deficiency diseases | Demonstrate the ability to apply Principles of Food and Nutrition | * Question and Answer * Demonstrate * Explanation | * Real food stuffs * Pictures f people with deficiency diseases * Cooking equipment | * MK Home Economics Pupil’s Book pages 7-15 * Home Economics syllabus 12 * MK TG for Home Economics page 2 |
| 4 | **FOOD**   * Food presentation * Food budgeting * Meal Planning * Assessment | Demonstrate the ability to apply Principles of Food and Nutrition | * Question and Answer * Demonstrate * Explanation | * Displaying food items (long and short budget) | * MK Home Economics Pupil’s Book pages 16-18 * Home Economics syllabus 12 * MK TG for Home Economics page 3 |
| 5 | **COOKING METHODS**   * Dry methods of cooking | Demonstrate the ability to apply Principles of Food and Nutrition | * Question and Answer * Demonstrate * Explanation | * Display of foods suitable for roasting * Roasting equipment | * MK Home Economics Pupil’s Book pages 23-27 * Home Economics syllabus 12 * MK TG for Home Economics page 4-6 |
| 6 | **COOKING METHODS**   * Moist methods of cooking | Demonstrate the ability to apply Principles of Food and Nutrition | * Question and Answer * Practicals * Guided Discussion | * Display of foods suitable for roasting * Roasting equipment | * MK Home Economics Pupil’s Book pages 29-36 * Home Economics syllabus 12 * MK TG for Home Economics page 6-8 |
| 7 | **ASSESSMENT AND REVISION**    **COOKING METHODS**   * Frying different foods | Demonstrate the ability to apply Principles of Food and Nutrition | * Question and Answer * Practicals * Guided Discussion | * Display of foods suitable for roasting * Roasting equipment | * MK Home Economics Pupil’s Book pages 29-36 * Home Economics syllabus 12 * MK TG for Home Economics page 6-8 |
| 8 | **FOOD PREPARATION**   * Left over foods * Assessment | Demonstrate the ability to apply Principles of Food and Nutrition | * Demonstrate * Practicals * Guided Discussion | * Real left over food stuffs * Other food ingredients | * MK Home Economics Pupil’s Book pages 49-53 * Home Economics syllabus 12 * MK TG for Home Economics page |
| 9 | **PRESERVATION**   * Food preservation * Assessment | Demonstrate the ability to apply Principles of Food and Nutrition | * Guided Discussion * Practicals * Demonstrate * Presentation | * chart * food stuffs | * MK Home Economics Pupil’s Book pages 54-58 * Home Economics syllabus 12 |
| 10 | **HOSPITALIYTY**   * Facilities in Hospitality Business * Services in Hospitality Business * Assessment | Demonstrate the ability to apply Principles of Food and Nutrition | * Field Trip * Guided Discussion |  | * MK Home Economics Pupil’s Book pages 59-61 * Home Economics syllabus page 14 * MK TG Page 12 |
| 11 | **PESTS**   * House hold pests * Dangers of Household pests | Demonstrate the ability to apply Principles of Food and Nutrition | * Guided Discussion * Practicals * Demonstrate * Presentation | * chart * food stuffs | * MK Home Economics Pupil’s Book pages 62-64 * Home Economics syllabus 15 * MK TG page 13 |
| 12 | **PESTS**   * Prevention and control | Demonstrate the ability to apply Principles of Food and Nutrition | * Question and Answer * Demonstrate | * Charts * Pesticides * Brooms | * MK Home Economics Pupil’s Book pages 64-67 * Home Economics syllabus 15 * MK TG page 13 |
| 13 | **END OF TERM TEST AND COMPILATION OF RESULTS** | | | | |

**NB: FOR MIDTERM , TESTTWO SUBJECTS PER DAY AND TEACH THE OTHER SUBJECTS THAT APPEAR ON THE TIME TABLE THAT DAY.**

**SOUTHERN PROVINCE**

**SCHEMES OF WORK**

**SUBJECT**: HOME ECONOMICS

**GRADE**: 6 **TERM**: TWO **YEAR**: 2018

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| **WEEK** | **TOPICS/CONTENTS** | **GENERAL OUTCOMES** | **METHODS** | **L/T RESOURCES** | **REFERENCE** |
| 1 | **HOME**   * Floors and Walls | Demonstrate the ability to apply Principles of Home Management | * Demonstrate * Question and Answer * Tours in Home | * Charts * Pictures | * MK Grade 6 Home Economics pupil’s book pages 68-71 * Home Economics syllabus Grade 6 pages 15 * MK TG Book pages 14 |
| 2 | **HOME**   * Cleaning different types of walls | Demonstrate the ability to apply Principles of Home Management | * Practicals * Demonstrate * Question and Answer * Discussions | * Cleaning agents * Chart * basin | * MK Grade 6 Home Economics pupil’s book pages 71-75 * Home Economics syllabus Grade 6 pages 15 * MK TG Book pages 14 |
| 3 | **HOME**   * Cleaning different rooms in a house * Assessment | Demonstrate the ability to apply Principles of Home Management | * Class discussion * Practicals * Demonstrate * Question and Answer * Discussions | * Cleaning agents * Water * basins | * MK Grade 6 Home Economics pupil’s book pages 76-80 * Home Economics syllabus Grade 6 pages 15 * MK TG Book pages 14 |
| 4 | **TABLE SETTING**   * Garnishing * Flower arrangements | Demonstrate the ability to apply Principles of Home Management | * Guided discussions * Demonstrate * Question and Answer * Discussions | * Foodstuffs (garnishing) * Cooking Equipment | * MK Grade 6 Home Economics pupil’s book pages 81-88 * Home Economics syllabus Grade 6 pages 15 * MK TG Book pages 16 |
| 5 | **TABLE SETTING**   * Materials used * Flower arrangement | Demonstrate the ability to apply Principles of Home Management | * Guided discussions * Demonstrate * Question and Answer * Discussions | * Foodstuffs * Table * Table cloth | * MK Grade 6 Home Economics pupil’s book pages 86-88 * Home Economics syllabus Grade 6 pages 15 * MK TG Book pages 16- 17 |
| 6 | **LAUNDRY**   * Laundry methods * The Family Wash | Demonstrate the ability to apply Principles of Home Management | * Guided discussions * Demonstrate * Question and Answer * Discussions | * Different Garments * Basins * Washing Powder * Water | * MK Grade 6 Home Economics pupil’s book pages 92-96 * Home Economics syllabus Grade 6 pages 16 * MK TG Book pages 18 |
| 7 | * **TABLE SETTING** * **TABLE LAYING** * **MID TERM TESTS** | Demonstrate the ability to apply Principles of Home Management | * Guided discussions * Demonstrate * Question and Answer * Discussions | * Different Garments * Basins * Washing Powder * Water | * MK Grade 6 Home Economics pupil’s book pages 92-96 * Home Economics syllabus Grade 6 pages 16 * MK TG Book pages 18 |
| 8 | **LAUNDRY**   * White and Coloured cotton fabrics * Laundering of specific articles * Assessment | Demonstrate the ability to apply Principles of Home Management | * Practicals * Question and Answer * Guided Discussion * Demonstrate | * Different Garments * Washing Powder * Water | * Home Economics Syllabus page 17 * MK TG Book pages 18 * MK Grade 6 Home Economics pupil’s book pages 96-102 |
| 9 | **GARDENING**   * Kitchen Gardens * Reasons for growing vegetables in the Kitchen garden | Demonstrate the ability to apply Principles of Home Management | * Group Discussions * Explanations * Demonstrate * Practicals | * Garden Tools * Chart showing Different Crops | * Home Economics Syllabus page 17 * MK TG Book pages 19 * MK Grade 6 Home Economics pupil’s book pages 103-104 |
| 10 | **GARDENING**   * Identify suitable crops for a Kitchen garden * Grow different types of vegetables * Assessment | Demonstrate the ability to apply Principles of Home Management | * Group Discussions * Explanations * Demonstrate * Practicals | * Garden Tools * Chart showing Different Crops | * Home Economics Syllabus page 17 * MK TG Book pages 19 * MK Grade 6 Home Economics pupil’s book pages 104-110 |
| 11 | **HUMAN DEVELOPMENT**   * Body Image * Factors influencing Physical appearance | Demonstrate the ability to apply Principles of Home Management | * Guided Discussion * Question and Answer * Demonstrate | * Charts | * Home Economics Syllabus page 17 * MK TG Book pages 19 * MK Grade 6 Home Economics pupil’s book pages 111-112 |
| 12 | **HUMAN DEVELOPMENT**   * Effects of physical appearances on others | Demonstrate the ability to apply Principles of Home Management | * Guided Discussion * Question and Answer * Demonstrate | * Charts | * Home Economics Syllabus page 18 * MK TG Book pages 19 * MK Grade 6 Home Economics pupil’s book pages 112-114 |
| 13 | **REVISION, END OF TERM TEST AND COMPILATION OF RESULTS** | | | | |

**SOUTHERN PROVINCE**

**SCHEMES OF WORK**

**SUBJECT**: HOME ECONOMICS

**GRADE**: 6 **TERM**: THREE **YEAR**: 2018

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| --- | --- | --- | --- | --- | --- |
| **WEEK** | **TOPICS/CONTENTS** | **GENERAL OUTCOMES** | **METHODS** | **L/T RESOURCES** | **REFERENCE** |
| 1 | **SAFETY IN THE HOME/ SCHOOL**   * First Aid * Accidents | Demonstrate the ability to apply Principles to Health Education | * Guided Discussion * Question and Answer * Demonstrate | * Items found in the First Aid box | * Home Economics syllabus page 18 * MK Home Economics Pupil’s Book pages 115-118 * MK Teacher’s Guide Book 6 page 21 |
| 2 | **SAFETY IN THE HOME/ SCHOOL**   * Causes of accidents at Home and School * Prevention of accidents at Home and school | Demonstrate the ability to apply Principles to Health Education | * Guided Discussion * Question and Answer * Demonstrate | * Charts | * Home Economics syllabus page 18 * MK Home Economics Pupil’s Book pages 118-120 * MK Teacher’s Guide Book 6 page 21 |
| 3 | **SAFETY IN THE HOME/ SCHOOL**   * Application of First to various accidents * Assessment | Demonstrate the ability to apply Principles to Health Education | * Guided Discussion * Question and Answer * Demonstrate | * Charts | * Home Economics syllabus page 18 * MK Home Economics Pupil’s Book pages 120-121 * MK Teacher’s Guide Book 6 page 21 |
| 4 | **SANITATION**   * Toilets * Materials used for cleaning toilets | Demonstrate the ability to apply Principles to Health Education | * Guided Discussion * Question and Answer * Demonstrate | * Charts | * Home Economics syllabus page 18 * MK Home Economics Pupil’s Book pages 122-125 * MK Teacher’s Guide Book 6 page 22 |
| 5 | **SANITATION**   * Cleaning flush toilets * Assessment | Demonstrate the ability to apply Principles to Health Education | * Guided Discussion * Question and Answer * Demonstrate | * Charts | * Home Economics syllabus page 18 * MK Home Economics Pupil’s Book pages 126-127 * MK Teacher’s Guide Book 6 page 22 |
| 6 | **IN NEEDLE WORK**   * Edge finishes * Reasons of edge finishes | Demonstrate the ability to apply Principles to Health Education | * Guided Discussion * Question and Answer * Demonstrate | * Charts | * Home Economics syllabus page 18 * MK Home Economics Pupil’s Book pages 128-131 * MK Teacher’s Guide Book 6 page 23 |
| 7 | * **SANITATION** * **MID TERM ASSESSMENT** | Demonstrate the ability to apply Principles to Health Education | * Guided Discussion * Question and Answer * Demonstrate | * Charts | * Home Economics syllabus page 18 * MK Home Economics Pupil’s Book pages 128-131 * MK Teacher’s Guide Book 6 page 23 |
| 8 | **PROCESSES IN NEEDLE WORK** | Demonstrate the ability to apply Principles to needlework and Crafts | * Practicals * Question and Answer * Teacher Explanation | * Cloth material * Sewing Needle * Sewing thread | * Home Economics syllabus page 18 * MK Home Economics Pupil’s Book pages 132-135 * MK Teacher’s Guide Book 6 page 19 |
| 9 | **PROCESSES IN NEEDLE WORK**   * Openings * Assessment | Demonstrate the ability to apply Principles to needlework and Crafts | * Practicals * Question and Answer * Teacher Explanation | * Cloth material * Sewing Needle * Sewing thread * Zip | * Home Economics syllabus page 18 * MK Home Economics Pupil’s Book pages 135-137 * MK Teacher’s Guide Book 6 page 23 |
| 10 | **CRAFTS WORK**   * Weaving * Types of weaving | Demonstrate the ability to apply Principles to needlework and Crafts | * Practicals * Question and Answer * Teacher Explanation | * Charts * Weaving items (straws, papyrus) | * Home Economics syllabus page 19 * MK Home Economics Pupil’s Book pages 138-140 * MK Teacher’s Guide Book 6 page 24 |
| 11 | **CRAFTS WORK**   * Weaving practical | Demonstrate the ability to apply Principles to needlework and Crafts | * Education Tours * Question and Answer * Observation * Demonstrate | * Weaving items (straws, papyrus) | * Home Economics syllabus page 19 * MK Home Economics Pupil’s Book pages 140-140 * MK Teacher’s Guide Book 6 page 24 |
| 12 | **ASFETY IN THE HOME/SCHOOL**   * Application of First Aid to various accidents * Assessment | Demonstrate the ability to apply Principles to needlework and Crafts | * Demonstrate * Group Discussion * Question and Answer | * Charts) | * Home Economics syllabus page 21 * MK Home Economics Pupil’s Book pages 120-121 * MK Teacher’s Guide Book 6 page 21 |
| 13 | **END OF TERM TEST AND COMPILATION OF RESULTS** | | | | |

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